

**What others say  
about Mary:**

*Thanks for all you've done for me & the  
HUGE difference your love for me has  
made in my life. - KF*

*Thank you for your prayers, counsel, &  
encouragement! I'm living my dream. -  
AE*

*Without Mary I wouldn't have graduated.  
- HA*

*Mary keeps it real & makes you laugh. I  
can tell her ANYTHING.  
- AB*

*Mary has been my friend & counselor for  
over three years & has guided me through  
many decisions in my life with compassion,  
wisdom & honesty. Her support &  
breadth of experience has helped me tre-  
mendously. I'd be lost without our weekly  
meetings. - KL*

**Cedar Park  
Counseling Network**

*Phone: 425.939.1490*

*Fax: 425.485.8369*

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Kenmore, WA 98028

12727 Northup Way suite #16  
Bellevue, WA 98005

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**MARYW.B@CEDARPARK.ORG**

**CPCN offers a sliding scale for  
those who qualify.**



**Cedar Park Counseling  
Mary Brandenburg**

## Mary Brandenburg, MA, LMHC



When I was a girl there was no one to tell the deepest darkest secrets to. My life's work is to be a trusted, healing person to those in pain. My therapy room is many things: a confessional, a delivery room, a crucible, a place of radical honesty with a whole lot of grace. Most of all it is a safe place to tell your story, to find strength & hope, to cry, & to heal. I believe the very nature of God is redemptive & in His economy God will use all things. Simply, the worst lemons can become the sweetest lemonade.

I embrace a holistic approach which considers your spirit, mind, body & community. With your permission, I will work with your doctors (MD, ND, PhD) to provide a team effort & best care.

## Individual & Couples' Counseling:

- Depression/bipolar
- Anxiety/Fears & phobias
- Obsessive Compulsive Disorder (OCD)
- Sexual issues, healthy sexuality and sexual abuse
- Empty nest issues
- Life change issues
- Grief & loss
- Recovery (Including recovering Catholics)
- Codependency
- Cancer related issues
- Inner child work
- Conflict/ communication issues
- Divorce
- Blended families & intact families

## Education & Experience:

M.A. Counseling Psychology

UW Certificate Addiction & the Brain

AACC Certificate Sexual Addiction

Adjunct Professor at Northwest University, College of Social & Behavioral Sciences

Licensed & Ordained with 30+ years of ministry experience

## Classes

### Sundays with Mary:

*Sundays with Mary* is an opportunity to dialogue in a group setting with others & with a licensed therapist, ordained minister/college professor.

Meets 9:15AM at Cedar Park Bothell in the High School Room 209.  
16300 112<sup>th</sup> Ave Ne  
Bothell, WA 98011



During chemo, poppies became my symbol. Poppies represent total & complete devastation followed & transformed by regeneration into life, hope, & color. Poppy seeds can lie on the ground ungerminated for years only to begin to grow when the soil is disturbed.